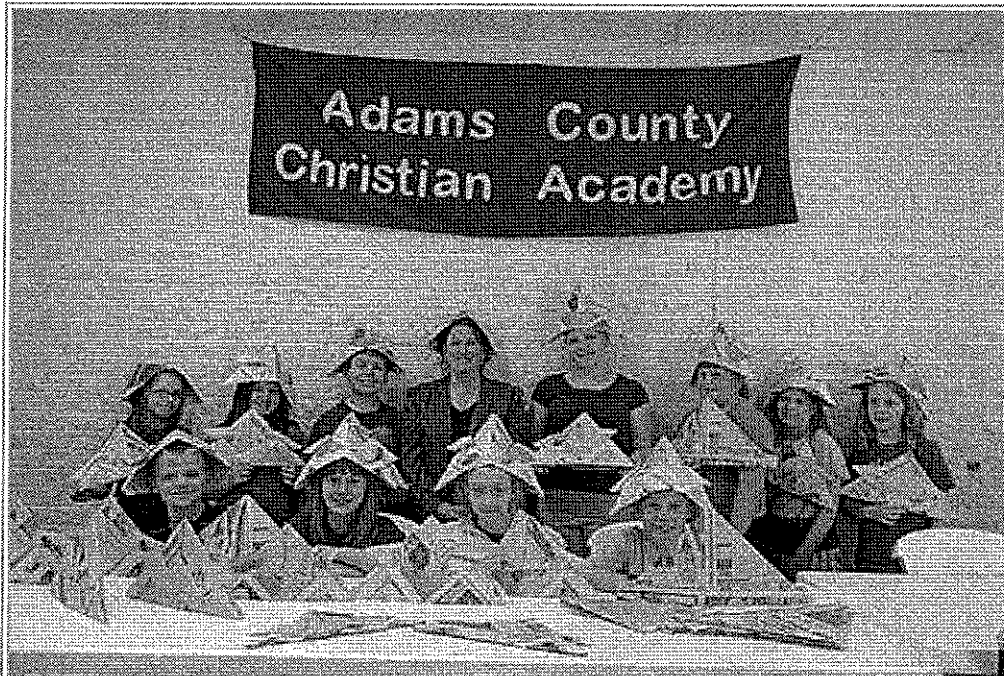


# Gettysburg TIMES

NEWS &gt; LOCAL

## Health and Safety Day for Kids set for Sunday

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TOP STORIES — Students in Ms. Laing's class at Adams County Christian Academy model the newspaper hats they made for kids who will be attending Health and Safety Day for Kids on Sunday.

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The 13th annual Health and Safety Day for Kids is set for Sunday, May 3 from 1-4p.m. at the Allstar Events Complex. The event is presented by the Gettysburg Times, 1320 WGET, Wellspan Health and the Allstar Events Complex. Financial support is provided by Member's First Federal Credit Union.

The theme for this year's event is "Hit a Homerun for Good Health." Many popular activities like the Fun Fitness Challenge, which includes a 24 -foot rock climbing wall, will return and remain free of charge. The challenge will consist of four stations: first, second, third and home plate with a different activity at each, focusing on things like balance and hand-eye coordination.

Area high school baseball and softball players will be on hand to help with the challenge. As children complete an activity, they will receive a token for their achievement.

Activities and entertainment will also include a stretching clinic, healthy cooking demonstration and Internet safety.

The Stat MedEvac helicopter is tentatively scheduled to land at 2 p.m. and remain at the event for one hour.

The Local Foods Network and the Gettysburg Farmers Market will have fun and exciting ideas for family gardening. The Safe Kids Coalition will have drawings for free car seats as well as valuable information on car seat safety.

The Gettysburg Times will have "The Hat Man" Larry Douthwait showing off some of his crazy hats from his extensive hat collection. Kids will be able to decorate their own newspaper hat to take home. Also on display will be the Adams County Library's Book Mobile, SPCA "Neuter 4 Life" trailer, Health Connect Van and the Central PA Blood Mobile.

Several area groups will have snacks available for sale. The South Penn Girls Soccer Club will be grilling hamburgers and hot-dogs, the Gettysburg High School girls basketball team will have bottled water and juice and the Gettysburg College's Campus Kitchen will offer fruit parfaits. Allstar Events Complex will have their snack bar open as well.

Hit a HOME RUN with your kids! Bring them to Kids Health and Safety Day this Sunday at the Allstar Events Complex, on Business Route 15, five miles south of the Gettysburg square. To see video of last year's event go to [gettysburgtimes.com](http://gettysburgtimes.com) or [wget.com](http://wget.com). For more information contact Rita Tuchalski at 334-3101 ext. 413.

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