

CO-CURRICULAR GOALS – OUTCOME AND BEHAVIOR CHECKLIST

A. Ethical Decision Making

1. Identifies personal skills
 - a. Understands abilities, interests and limitations
 - b. Aware of leadership capabilities
 - c. Develops sense of self-awareness in working with peers
2. Proposes learning and behavioral goals
 - a. Articulates specific goals
 - b. Adjusts goals as context changes
 - c. Sees goal development and implementation process through to completion
3. Recognizes the need for a balance between freedom and responsibility
 - a. Clearly understands rights and the corresponding responsibilities
 - b. Makes decisions factoring in the need for this balance
 - c. Impacts other students
4. Seeks and integrates feedback from others
 - a. Receives feedback and changes decisions/behaviors
 - b. Engages in constructive feedback conversations individually and with groups
 - c. Uses feedback loop to increase self-awareness
5. Uses experiences to modify behavior
 - a. Modifies behavior in an intentional and thoughtful manner
 - b. Incorporates feedback from others
6. Practices ethical behaviors in environments that promote personal learning and frequency of volunteering
 - a. Develops a personal code of ethics and values
 - b. Role models ethical decision making
 - c. Understands that ethics are practiced at all times
7. Demonstrates willingness to scrutinize personal beliefs and values
 - a. Open to new ideas and feedback from others
 - b. Discusses values in a healthy and constructive fashion
 - c. Develops a meaningful philosophy in life
8. Makes decisions on the basis of personal, ethical, spiritual, and moral values
 - a. Understands moral and ethical issues
 - b. Explores all aspects and perspectives when making important decisions

B. Collaboration and Teamwork

1. Seeks involvement with a group for a common purpose
 - a. Involvement and leadership in the residence halls
 - b. Participates in community leadership and activities
 - c. Participates in service and volunteer activities
 - d. Participates in campus clubs, athletic teams or other organizations
2. Participates in the development and maintenance of healthy group norms
 - a. Participates in educational program for healthy lifestyle
 - b. Challenges behaviors inconsistent with this institutional value
 - c. Seeks out perspectives different than one's own
 - d. Engages in physical, emotional and spiritual growth

3. Shows respect for opinions, talents and contribution of others; nurtures gifts and talents of others as well as one's own
 - a. Performs acts of civic responsibility
 - b. Enrollment in a study abroad or off campus program
 - c. Participation in service learning immersion programs
 - d. Appreciation for complexity of community difference
4. Willingness to accept consensus
 - a. Develops an informed opinion on issues
 - b. Participates in group activity outside the classroom
 - c. Integrates views and ideals of others
 - d. Seeks out perspectives different than one's own
 - e. Engages in physical, emotional and spiritual growth
5. Engages in reasoned discourse with civility
 - a. Employs effective communication strategies
 - b. Participates in open dialogue with an open mind
 - c. Student is intentional about being non-judgmental
6. Identifies the advantages and challenges of diversity within a group
 - a. Participates in multicultural events and activities
 - b. Seeks out perspectives of other's views and opinions
 - c. Shows appreciation for diversity within a group
7. Displays strong relationships in the face of challenging situations and decisions
 - a. Maintains positive relationships despite challenges and differing views
 - b. Acts in validating, respectful manner with others
 - c. Appreciates conflict

C. Effective Communication

1. Write coherently and effectively
 - a. Articulates ideas clearly
 - b. Displays logical, precise, thinking and clear use of language
 - c. Shows appropriate awareness of the audience
 - d. Shows appropriate awareness of the environment
2. Speaks coherently and effectively
 - a. Articulates ideas clearly
 - b. Displays logical, precise, thinking and clear use of language
 - c. Shows appropriate awareness of the audience
 - d. Shows appropriate awareness of the environment
3. Appreciates the importance of reflection prior to writing and speaking
 - a. Reflection prior to leading meetings, presentations, etc.
 - b. Conducts post-event wrap up meetings prior to completing final assessment of programs/activities
 - c. Analyzes and interprets experiences beyond a descriptive level
 - d. Generalizes abstract ideas from practice and experience
 - e. Uses these abstract generalizations in making public presentations
4. Asks thoughtful questions
 - a. Asks questions aimed at higher order thinking; analysis, explanation, synthesis, prediction, etc.
 - b. Asks questions based on preparation and expertise
5. Influences others through writing, speaking, and actions
 - a. Explains point of view clearly

- b. Presents compelling reasons and evidence supporting point of view
 - c. Listener incorporates student's thinking into their own perspective
 - d. Others re-examine their original view in response to student's perspective
6. Demonstrates empathy and receptivity when listening to others
 - a. Seeks confirmation of understanding
 - b. Asks questions for clarification
 - c. Displays open, accepting non-verbal communication
 - d. Acts in a validating, respectful manner
 7. Gives and readily receives honest, constructive and direct feedback
 - a. Generally gives critical feedback privately
 - b. Gives positive feedback publicly when appropriate
 - c. Maintains constructive, learning-based approach when giving critical feedback
 - d. Integrates feedback received into future behavior, processes, etc.
 8. Communicates clearly through non-verbal behavior
 - a. Student is self-aware about the impact of tone, gestures, and other non-verbal cues on the listener
 9. Recognizes that actions communicate individual and group values
 - a. Identifies the individual and group values reflected in their own actions and the actions of others
 - b. Displays integrity: student's actions are consistent with their personal values

D. Local and Global Community

1. Appropriately practices and celebrates behavior that affirms fair and just communities
 - a. Involvement and leadership in the residence halls
 - b. Participates in community leadership and activities
 - c. Participates in service and volunteer activities
2. Demonstrates a commitment to diversity in the community
 - a. Participates in multicultural events and activities
 - b. Challenges behaviors inconsistent with this institutional value
 - c. Seeks out perspectives different than one's own
3. Cultivates an appreciation for interconnectedness of local and global society
 - a. Performs acts of civil responsibility
 - b. Enrollment in a study abroad or off campus program
 - c. Participation in service learning immersion programs
 - d. Identify key elements of experiences through reflection
 - e. Appreciation for complexity of community interconnectedness
4. Develops an awareness of local, regional, and international current events
 - a. Stays abreast of current events through a variety of media (print, internet, television, etc.)
 - b. Develops an informed opinion on issues
 - c. Participation in classroom discussions on current events and issues
 - d. Participates in discussions outside of the classroom on current events and issues