**CO-CURRICULAR GOALS – OUTCOME AND BEHAVIOR CHECKLIST**

A. **Ethical Decision Making**
   1. Identifies personal skills
      - a. Understands abilities, interests and limitations
      - b. Aware of leadership capabilities
      - c. Develops sense of self-awareness in working with peers
   2. Proposes learning and behavioral goals
      - a. Articulates specific goals
      - b. Adjusts goals as context changes
      - c. Sees goal development and implementation process through to completion
   3. Recognizes the need for a balance between freedom and responsibility
      - a. Clearly understands rights and the corresponding responsibilities
      - b. Makes decisions factoring in the need for this balance
      - c. Impacts other students
   4. Seeks and integrates feedback from others
      - a. Receives feedback and changes decisions/behaviors
      - b. Engages in constructive feedback conversations individually and with groups
      - c. Uses feedback loop to increase self-awareness
   5. Uses experiences to modify behavior
      - a. Modifies behavior in an intentional and thoughtful manner
      - b. Incorporates feedback from others
   6. Practices ethical behaviors in environments that promote personal learning and frequency of volunteering
      - a. Develops a personal code of ethics and values
      - b. Role models ethical decision making
      - c. Understands that ethics are practiced at all times
   7. Demonstrates willingness to scrutinize personal beliefs and values
      - a. Open to new ideas and feedback from others
      - b. Discusses values in a healthy and constructive fashion
      - c. Develops a meaningful philosophy in life
   8. Makes decisions on the basis of personal, ethical, spiritual, and moral values
      - a. Understands moral and ethical issues
      - b. Explores all aspects and perspectives when making important decisions

B. **Collaboration and Teamwork**
   1. Seeks involvement with a group for a common purpose
      - a. Involvement and leadership in the residence halls
      - b. Participates in community leadership and activities
      - c. Participates in service and volunteer activities
      - d. Participates in campus clubs, athletic teams or other organizations
   2. Participates in the development and maintenance of healthy group norms
      - a. Participates in educational program for healthy lifestyle
      - b. Challenges behaviors inconsistent with this institutional value
      - c. Seeks out perspectives different than one’s own
      - d. Engages in physical, emotional and spiritual growth
3. Shows respect for opinions, talents and contribution of others; nurtures gifts and talents of others as well as one’s own
   a. Performs acts of civic responsibility
   b. Enrollment in a study abroad or off campus program
   c. Participation in service learning immersion programs
   d. Appreciation for complexity of community difference

4. Willingness to accept consensus
   a. Develops an informed opinion on issues
   b. Participates in group activity outside the classroom
   c. Integrates views and ideals of others
   d. Seeks out perspectives different than one’s own
   e. Engages in physical, emotional and spiritual growth

5. Engages in reasoned discourse with civility
   a. Employs effective communication strategies
   b. Participates in open dialogue with an open mind
   c. Student is intentional about being non-judgmental

6. Identifies the advantages and challenges of diversity within a group
   a. Participates in multicultural events and activities
   b. Seeks out perspectives of other’s views and opinions
   c. Shows appreciation for diversity within a group

7. Displays strong relationships in the face of challenging situations and decisions
   a. Maintains positive relationships despite challenges and differing views
   b. Acts in validating, respectful manner with others
   c. Appreciates conflict

C. **Effective Communication**

1. Write coherently and effectively
   a. Articulates ideas clearly
   b. Displays logical, precise, thinking and clear use of language
   c. Shows appropriate awareness of the audience
   d. Shows appropriate awareness of the environment

2. Speaks coherently and effectively
   a. Articulates ideas clearly
   b. Displays logical, precise, thinking and clear use of language
   c. Shows appropriate awareness of the audience
   d. Shows appropriate awareness of the environment

3. Appreciates the importance of reflection prior to writing and speaking
   a. Reflection prior to leading meetings, presentations, etc.
   b. Conducts post-event wrap up meetings prior to completing final assessment of programs/activities
   c. Analyzes and interprets experiences beyond a descriptive level
   d. Generalizes abstract ideas from practice and experience
   e. Uses these abstract generalizations in making public presentations

4. Asks thoughtful questions
   a. Asks questions aimed at higher order thinking; analysis, explanation, synthesis, prediction, etc.
   b. Asks questions based on preparation and expertise

5. Influences others through writing, speaking, and actions
   a. Explains point of view clearly
b. Presents compelling reasons and evidence supporting point of view
c. Listener incorporates student’s thinking into their own perspective
d. Others re-examine their original view in response to student’s perspective

6. Demonstrates empathy and receptivity when listening to others
   a. Seeks confirmation of understanding
   b. Asks questions for clarification
   c. Displays open, accepting non-verbal communication
   d. Acts in a validating, respectful manner

7. Gives and readily receives honest, constructive and direct feedback
   a. Generally gives critical feedback privately
   b. Gives positive feedback publicly when appropriate
   c. Maintains constructive, learning-based approach when giving critical feedback
   d. Integrates feedback received into future behavior, processes, etc.

8. Communicates clearly through non-verbal behavior
   a. Student is self-aware about the impact of tone, gestures, and other non-verbal cues on the listener

9. Recognizes that actions communicate individual and group values
   a. Identifies the individual and group values reflected in their own actions and the actions of others
   b. Displays integrity: student’s actions are consistent with their personal values

D. Local and Global Community
1. Appropriately practices and celebrates behavior that affirms fair and just communities
   a. Involvement and leadership in the residence halls
   b. Participates in community leadership and activities
   c. Participates in service and volunteer activities

2. Demonstrates a commitment to diversity in the community
   a. Participates in multicultural events and activities
   b. Challenges behaviors inconsistent with this institutional value
   c. Seeks out perspectives different than one’s own

3. Cultivates an appreciation for interconnectedness of local and global society
   a. Performs acts of civil responsibility
   b. Enrollment in a study abroad or off campus program
   c. Participation in service learning immersion programs
   d. Identify key elements of experiences through reflection
   e. Appreciation for complexity of community interconnectedness

4. Develops an awareness of local, regional, and international current events
   a. Stays abreast of current events through a variety of media (print, internet, television, etc.)
   b. Develops an informed opinion on issues
   c. Participation in classroom discussions on current events and issues
   d. Participates in discussions outside of the classroom on current events and issues