

Health Sciences Bachelor of Arts Major

(HS BA)

HS Requirements

- _____ HS 112 Foundations of Health Sciences
- _____ HS 209 Human Anatomy and Physiology I
- _____ HS 210 Human Anatomy and Physiology II
- _____ HS 230 Nutrition
- _____ HS 232 Statistics for the Health Sciences (or Math 107)
- _____ Capstone Experience (Capstone Internship)

HS Electives (Choose 4 courses, 2 must have lab)

- _____ HS 309 Exercise Physiology (lab)
- _____ HS 310 Assessment in the Health Sciences (lab)
- _____ HS 311 Neuromuscular Physiology (lab)
- _____ HS 312 Cardiorespiratory Physiology
- _____ HS 318 Kinesiology (lab)
- _____ HS 319 Environmental Physiology
- _____ HS 330 Advanced Nutrition
- _____ HS 376 Chronic Disease

Requirements from Other Departments

- _____ BIO 101 (General Biology 1)
- _____ BIO 112 (General Biology 2)

- _____ CHEM 107 (General Chemistry 1)
- _____ CHEM 108 (General Chemistry 2)

or

- _____ PHY 103 (General Physics 1)
- _____ PHY 104 (General Physics 2)