May 2015

Dear First Year Student:

Welcome to Gettysburg College! You must read and comply with the Gettysburg College health requirements in order to move on to campus, attend class, and participate in intercollegiate athletics. Medical information is kept confidential for use by the Health and Counseling Services.

You will need to accomplish two tasks to comply with the health requirements.

**First**, you will need to follow the **dashboard directions and print copies** of our physical exam form, immunization form, tuberculosis screening form, meningitis vaccination receipt/waiver form and meningitis information sheet. These must be taken to your health care provider to be filled out and returned to the Health Service by **June 30th, 2015**.

**Second:** You must **fill out a health history on line**, found on your dashboard page.

**Please note the following:**

- You must have or have had a complete physical exam by your home health care provider done **after August 1, 2014 and returned to us by June 30, 2015. Athletes please note date below.**
- **Intercollegiate athletes’ physicals must be done within six months of play – no sooner than May 1, 2015.** Physicals done before that date will not satisfy NCAA regulations and will stop your ability to participate.
- **Athletes and potential athletes** please send us any medical records, testing reports, echocardiogram reports, clearances or specific releases to participate in sports from orthopedists, cardiologists or surgeons for heart murmurs, chronic medical conditions, illnesses or injuries, especially orthopedic related, or any surgery you may have had. **YOU WILL NOT BE ALLOWED TO TRY OUT OR PRACTICE WITHOUT THESE CLEARANCES.**

Class registration and participation in intercollegiate sports will be in jeopardy until all medical information is complete, received and reviewed by the Student Health Service. Please do not return the physician forms until you have reviewed them and all the information requested is filled in. Do not depend upon your health care provider’s office to return the forms for you. It is your responsibility.

**Please note:** The immunization record, which you will be printing out from the dashboard, is to be completed and signed by your health care provider. The immunization record must be current to meet our pre-matriculation immunization requirements.

The Student Health and Counseling Services welcome the class of 2019 to our campus community. For further information about Health and Counseling Services, please visit the College website. You may also contact the Student Health Service at (717) 337-6970 or the Counseling Service for counseling/psychological questions or concerns at (717) 337-6960, Monday through Friday from 8:30 am to 4:30 pm.

Susan Reynolds, CRNP
Medical Director

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