PUBLIC LECTURE
“Get Off the Couch: New Discoveries on the Beneficial Effects of Exercise on Health”
MONDAY, OCTOBER 28, 2019, 6:00 P.M.
MARA AUDITORIUM (MASTERS 110)
Pizza will be served

TECHNICAL LECTURE AND DISCUSSION
“Why Moms and Dads Should Exercise: Molecular Discoveries of the Beneficial Effect of Parental Exercise on Offspring Health”
MONDAY, OCTOBER 28, 2019, 12:00 P.M.
BOWEN AUDITORIUM (MCCREARY 115)
Lunch will be served