

# Gettysburg College Experiential Education

**Trekking Normandy, France**  
**October 4-13, 2019**  
**\$2350.00 per person**

*Visit Rouen, Bayeux, Paris*  
*Nine nights in 3-5\* accommodations*  
*Seven group dinners*  
*Seven group treks*  
*Ground transportation via coach bus*  
*Beaches Omaha and Utah with guide*



## Trip Overview

The 75<sup>th</sup> anniversary of the D-Day landings and the Battle of Normandy falls on June 6, 2019. During this program, we will visit various locations throughout the Normandy region and commemorate the memories and stories of those who served during this historical time. We will meet in the capital city of the region Rouen, France where we will spend three days trekking both in the countryside and along the northern shorelines. We will move in the latter part of the week to Bayeux, which will position us to visit both Omaha and Utah beaches and the countryside. We will stay in three to five star accommodations and trek between 8-12 miles a day. When we trek, we will only need to carry a light daypack with layers and lunch. At the end of each afternoon when we return to our hotels, we will have time to relax, prior to enjoying a family style dinner (seven of the nine nights) as a group. We will spend our last two evenings in Paris, where we will have a full day to explore Paris on your own.

The two facilitators for this program are Nathalie Goubet Ph.D., Professor of Psychology and John Regentin, Experiential Education.

## General Schedule of Trip

Thursday, October 3	Depart for Paris, France
Friday, October 4	Arrive on your own in Rouen, France <a href="#">Hotel Mercure</a> ; welcome dinner as a group
Saturday, October 5	First trek through the farmlands of the Saint-Wandrille-Rançon region (13-15k); Hotel Mercure; dinner as a group
Sunday, October 6	Second trek along the coast of the Écretteville-lès-Baons region (13-18k); Hotel Mercure; dinner as a group
Monday, October 7	Third trek consists of urban and countryside walk of Rouen (15k); Hotel Mercure; dinner on your own
Tuesday, October 8	Transfer to Omaha Beach for tour and fourth trek (9-12k); Hotel <a href="#">Chateau De-Sully</a> ; dinner as a group at the Chateau
Wednesday, October 9	Fifth trek Utah Beach (10-15k); Hotel Chateau De-Sully, dinner as a group
Thursday, October 10	Sixth trek through the countryside of Bayeux (13-18k), <a href="#">Hotel Dargouges</a> , dinner as a group
Friday, October 11	Seventh trek/walk around Bayeux; transfer to Paris by bus <a href="#">Hotel Saint Germain</a> ; dinner on your own
Saturday, October 12	Day to yourself Hotel Saint Germain; dinner as a group, program concludes after dinner
Sunday, October 13	Departure

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**Registration and Payment:** Registration is at <https://commerce.cashnet.com/cashneti/selfserve/storehome.aspx>. A \$150 non-refundable deposit is due at time of registration to secure a place on the trip of your choice. We accept Visa, Mastercard, Discover, e-checks or cash. To register, please fill out the online form or call the Office of Experiential Education at 717.337.6319.

**Not Included in the Price:** Souvenirs, alcohol, excess baggage charges, meals in destination cities prior to and at the conclusion of the trip, or other personal expenses incurred outside the scope of the trip, insurance, individual evacuation costs, or hospitalization. We DO NOT include airfare in the pricing of our trips. We want to give participants the opportunity to have flexibility in their travel arrangements. Some people will have frequent flyer miles, many people will be traveling from various destinations, while others may already be at the site location or decide to extend their trip once our expedition has concluded.

**The Trek:** Trekking distances range from 8-15 miles a day. Average trekking time ranges from 3-7 hours per day, which includes stops for lunch & breaks, appreciating the views, and lively conversation. The trekking series expeditions are designed to accommodate those who enjoy hiking at a moderate pace but also appreciate taking numerous stops to enjoy the location.

**Group Size:** The trip consists of a Gettysburg faculty and administrator, GRAB alumni, and up to twenty participants from the Gettysburg College community. Employees, alumni, and families of the college are all welcome.

**Transportation:** You are responsible for your own flights to and from France, and for your transportation from the airport to our first hotel in Rouen, France and back to the airport at the end of the program. All other ground transportation is covered during the duration of the trip. If you plan to travel further following the trip, you are responsible for those logistics as well.

**Accommodations:** The program's accommodations will include four nights in Rouen, three nights in Bayeux, and two nights in Paris. We will use a baggage service to transfer group gear from hotel to hotel, so we will only need a small pack during our treks to carry extra layers, lunch, water and even a camera for capturing the beautiful scenery!

**Meals:** The price of the program covers all breakfasts and seven dinners, excluding alcohol. On the trail, we eat picnic style so everyone will collect items for lunch prior to our treks. You will be responsible for two dinners on the trip, and any additional meals while traveling to and from France.

**Weather:** Be prepared for warm, sunny days, mixed with typical French mist, rain, and cloud cover. Average temperatures at this time of year range from 45 to 60 degrees Fahrenheit.

**Physical Preparation:** You do not need to be a top notch athlete to participate in this program, but proper preparation will make the trip much more enjoyable. Exercising 3-5 days a week and walking with a light pack to get used to the weight and distances is the recommended way to prepare. No prior experience hiking is required, and all backcountry skills and expectations will be addressed during the trip.

**Health and Medical & Release of Liability:** We require each participant to fill out medical/liability forms for Gettysburg College and for any contracted services who request similar documentation. We can provide information on short term insurance that covers baggage, accident/life, and trip cancellation, which is required for our international programs. Please contact us if you have any questions.

**Cancellation of Trips:** We reserve the right to cancel trips due to lack of participants, State Department warnings, or natural occurrences that may be potentially hazardous. If you cancel the trip more than 60 days before the departure date, you will receive a full refund minus the \$150 deposit. If cancellation occurs 45 -60 days prior to the departure date a 50% refund is available. If cancellation occurs 21 - 44 days prior to the trip a 25% refund will be available. There will be no refunds for cancellations made within 21 days of the expedition.



