**Gettysburg College Athletics- Physical Form for Junior Athletes**

**Gettysburg College Athletic Department**

**Phone: 717-337-6479 | Fax: 717-337-8462**

Dear Students:

In an effort to encourage the best health and safety for our athletes, the Gettysburg College Athletic Department requires all intercollegiate athletes, who are juniors, have a complete physical exam by their home health care provider prior to returning to campus from summer break.

It is important that you comply with this policy so that you are not held from practice/competition with your team when you arrive on campus.

Arrange an appointment with your healthcare provider to have a physical for participation in sports.

Please note that the physical exam given by your health care provider will help us to determine your eligibility to participate in intercollegiate sports. Additionally, please send us any medical records, testing reports, echocardiogram reports, clearances or specific releases to participate in sports from orthopedists, cardiologists or surgeons for cardiac conditions, chronic medical conditions, illnesses, injuries, or any surgery you may have had since your last college clearance. **You will not be allowed to try out or practice without these clearances.**

**Please upload the completed physical form via Compliance & Recruiting (Teamworks).**

Remember, this is not optional: it is required to participate on an intercollegiate athletic team at Gettysburg College.

Shelby Sherman MS, LAT, ATC

Director of Sports Medicine & Sports Performance | Athletics Healthcare Administrator

Gettysburg College Athletic Department

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