Gettysburg College

2020 Open Enrollment Healthcare Options

Presented by Karen Re, Gettysburg College Kristin Parker, CEBS, Conrad Siegel



Open Enrollment Meetings Open enrollment will open November 8 and close November 18, 2019

Date	Where	Time
November 4, 2019	Lyceum	10:00am - 11:30am
November 6, 2019	CUB 260	10:30am– 12:00pm
November 8, 2019	Science 200	2:00pm – 3:30pm
November 12, 2019	Lyceum	3:00pm – 4:30pm
November 14, 2019	Lyceum	9:30am – 11:00am
November 15, 2019	Glatfelter 011 Computer Lab	11:30am - 1:00pm
November 18, 2019	CUB 260	10:00am – 11:30am
Employee experiences o	f QHDP/HSA	
November 5, 2019	CUB 260	12:00pm - 1:00pm
November 7, 2019	Lyceum	3:00pm - 4:00pm
November 14, 2019	Lyceum	12:00pm - 1:00pm



Agenda

- Multi-year Strategy
- 2020 Open Enrollment Details
 - No PPO 500 in 2020
 - Plan changes to both the PPO 1000 and QHD Plan
 - Employee premium-sharing increases
 - Employer contribution to HSA
- Review
 - Qualified High Deductible Plan (QHDP)
 - Health Savings Accounts (HSA)
- Questions



Multi-year Strategy

- 2020 Open Enrollment
 - No PPO 500 Employees can choose between PPO 1000 & QHD 2000
 - Plan changes to both the PPO 1000 and QHD Plan
 - Total Out of Pocket Maximum increased to Federal limits
 - Highmark's Market Watch Program
 - Rx copays changed to 20% of Total Rx cost with minimum/maximum
 - Employee premium-sharing increases
 - 14% increase to employees in PPO 1000
 - Varied increases to employees in QHD (0% to 6%)
 - Employer contribution to HSA reduced
 - \$1,250 Single, \$2,500 Family
- 2021 Expectation
 - Only QHD 2000 option
 - Employer contribution to HSA significantly reduced (likely \$750/\$1,500)



- Total Out of Pocket Maximum increased to Federal limits
 - PPO 1000 Total In-network maximum of \$8,150/person, \$16,300/family
 - QHD 2000 Total In-network maximum of \$6,900/single, \$13,800/family
 - Limits are indexed by Feds annually
 - While considerably higher than last year, only 39 members (3%) reached the limits in 2018, and it is not expected that anyone would reach the new limits.

Highmark's Market Watch program (Highmark is mandating change)

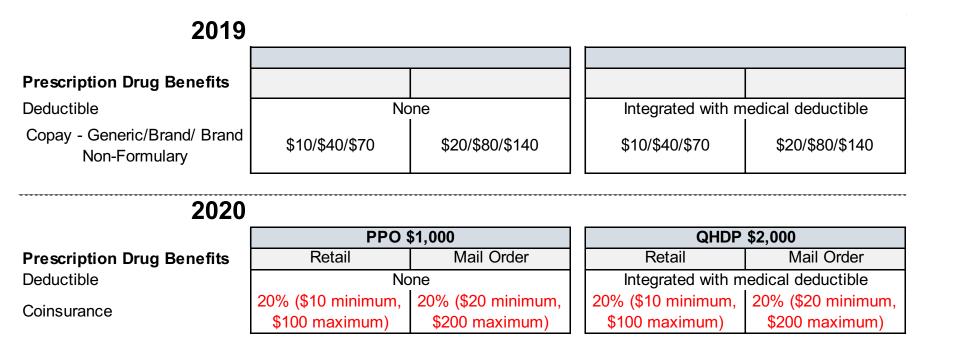
• Restricts access to Over the Counter medication (through the plan), High Cost/Low Value medications, and unproven, new to market prescriptions.

Rx copays changed to 20% of Total Rx cost with minimum/maximum

- Retail \$10 copay minimum, \$100 copay maximum (on \$500+ prescriptions)
- Mail order \$20 copay minimum, \$200 copay maximum (on \$1,000+ prescriptions)
- If prescription is low cost, you will never pay more than the full cost of the medication (same as today)

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Prescription Drug Plan Comparisons – 2019 & 2020





 Examples of Rx copays changed to 20% of Total Rx cost with minimum/maximum

Examples					<u>Curr</u>	en	t Plan De	esig	<u>an</u>		<u>Ne</u>	w	Plan Des	ign	
				Di	scounted			Ν	<u>/lember_</u>	Di	scounted			M	lember_
	Generic/Brand	<u>Formulary</u>	Distribution		<u>Cost</u>	<u>P</u>	lan Cost		<u>Cost</u>		<u>Cost</u>	<u>P</u>	<u>lan Cost</u>		<u>Cost</u>
Amoxicillin capsule	Generic	Formulary	Retail	\$	3.00	\$	-	\$	3.00	\$	3.00	\$	-	\$	3.00
Rosuvastatin (40MG)	Generic	Formulary	Mail Order	\$	128.00	\$	108.00	\$	20.00	\$	128.00	\$	102.40	\$	25.60
Lo Loestrin Fe	Brand	Formulary	Retail	\$	139.00	\$	99.00	\$	40.00	\$	139.00	\$	111.20	\$	27.80
Flovent (110MCG)	Brand	Formulary	Mail Order	\$	677.00	\$	597.00	\$	80.00	\$	677.00	\$	541.60	\$	135.40
Jublia	Brand	Non-Formulary	Retail	\$	561.00	\$	491.00	\$	70.00	\$	561.00	\$	461.00	\$	100.00
Lyrica capsule (100MG)	Brand	Non-Formulary	Mail Order	\$	1,204.00	\$	1,064.00	\$	140.00	\$	1,204.00	\$	1,004.00	\$	200.00
Xeljanz	Specialty Brand	Formulary	Retail	\$	4,301.00	\$	4,261.00	\$	40.00	\$	4,301.00	\$	4,201.00	\$	100.00
Humira	Specialty Brand	Formulary	Specialty	\$	4,896.00	\$	4,856.00	\$	40.00	\$	4,896.00	\$	4,796.00	\$	100.00

• 86% of Gettysburg College's prescriptions are Generic, and have an average cost of \$32. Many members will see no change in their Rx costs.



How to prepare for the Rx change

- Step 3: If the cost is more than you expected, talk to your doctor about any alternatives.
 - Check out GoodRx.com for a list of possible alternatives to talk to your doctor about.
 - Caveat This website is a good resource for information. We are not recommending their services.



Ways To Save On Your Quinapril Prescription

†BACK TO PRICES



Lower Cost Alternative

SEE ALTERNATIVE PRESCRIPTIONS

There may be other prescriptions in the same class (that work in the same way) that could treat your condition just as well at a much lower cost.

If you're taking an expensive brand-name-only drug, it may be worth asking your doctor if there are any other less expensive, generic, or over-the-counter options that might work for you.



Employee Cost-sharing Comparisons

PPO 1000	2019 Monthly Amount		2020 Monthly Amount		nly Mon		-		Monthly		onthly crease
Less than \$40k											
Single	\$	35.54	\$	40.52	\$ 4.98						
Employee/Child(ren)		189.49		216.02	26.53						
Employee/Spouse		220.43		251.29	30.86						
Family		402.25		458.57	56.32						
Less than \$80k											
Single	\$	63.04	\$	71.87	\$ 8.83						
Employee/Child(ren)		221.99		253.07	31.08						
Employee/Spouse		252.93		288.34	35.41						
Family		462.25		526.97	64.72						
Greater than \$80k											
Single	\$	73.04	\$	83.27	\$ 10.23						
Employee/Child(ren)		239.49		273.02	33.53						
Employee/Spouse		270.43		308.29	37.86						
Family		502.25		572.57	70.32						

QHD 2000	Μ	2019 Ionthly mount		2020 Ionthly mount	onthly crease
Less than \$40k Single Employee/Child(ren) Employee/Spouse Family	\$	24.27 136.15 151.29 279.33	\$	24.27 136.15 151.29 279.33	\$ - - -
Less than \$80k Single Employee/Child(ren) Employee/Spouse Family	\$	43.68 154.30 181.55 325.88	\$	44.99 158.93 187.00 335.66	\$ 1.31 4.63 5.45 9.78
Greater than \$80k Single Employee/Child(ren) Employee/Spouse Family	\$	53.39 172.45 191.63 356.92	\$	56.59 182.80 203.13 378.34	\$ 3.20 10.35 11.50 21.42
HSA Contributio	n (/	Annual)		
Single Family	\$	1,500 3,000	\$	1,250 2,500	

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Employee Cost-sharing Comparisons – PPO 500

		t	o PPO 100	0		to QH		
PPO 500	2019 Monthly Amount	2020 Monthly Amount	Monthly Decrease	Annual Decrease	2020 Monthly Amount	Monthly Decrease	Annual Decrease	PLUS HSA Funding
Less than \$40k Single Employee/Child(ren) Employee/Spouse Family	\$ 70.47 254.48 292.75 514.05	\$ 40.52 216.02 251.29 458.57	\$ (29.95) (38.46) (41.46) (55.48)	,	\$ 24.27 136.15 151.29 279.33	\$ (46.20) \$(118.33) \$(141.46) \$(234.72)	(1,420)	\$ (1,804) (3,920) (4,198) (5,317)
Less than \$80k Single Employee/Child(ren) Employee/Spouse Family	\$ 97.97 286.98 325.25 574.05	\$ 71.87 253.07 288.34 526.97	\$ (26.10) (33.91) (36.91) (47.08)	(407) (443)	\$ 44.99 158.93 187.00 335.66	\$ (52.98) \$(128.05) \$(138.25) \$(238.39)	(1,537) (1,659)	\$ (1,886) (4,037) (4,159) (5,361)
Greater than \$80k Single Employee/Child(ren) Employee/Spouse Family	\$ 107.97 304.48 342.75 614.05	\$ 83.27 273.02 308.29 572.57	\$ (24.70) (31.46) (34.46) (41.48)	(378) (414)	182.80	\$ (51.38) \$(121.68) \$(139.62) \$(235.71)	(1,460)	

Savings to move to the QHD 2000 is often

MORE THAN THE TOTAL DEDUCTIBLE!!!

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Employee Cost-sharing Comparisons – PPO 1000 to QHD

			to QHD 2000			
PPO 1000	2019 Monthly Amount	2020 Monthly Amount	Monthly Decrease	Annual Decrease	PLUS HSA Funding	
Less than \$40k Single Employee/Child(ren) Employee/Spouse Family	\$ 35.54 189.49 220.43 402.25	\$ 24.27 136.15 151.29 279.33	\$ (11.27) \$ (53.34) \$ (69.14) \$(122.92)	\$ (135) (640) (830) (1,475)	\$ (1,385) (3,140) (3,330) (3,975)	
Less than \$80k Single Employee/Child(ren) Employee/Spouse Family	\$ 63.04 221.99 252.93 462.25	\$ 44.99 158.93 187.00 335.66	\$ (18.05) \$ (63.06) \$ (65.93) \$(126.59)	\$ (217) (757) (791) (1,519)	\$ (1,467) (3,257) (3,291) (4,019)	
Greater than \$80k Single Employee/Child(ren) Employee/Spouse Family	\$ 73.04 239.49 270.43 502.25	\$ 56.59 182.80 203.13 378.34	\$ (16.45) \$ (56.69) \$ (67.30) \$(123.91)	\$ (197) (680) (808) (1,487)	(3,180)	

Again, significant savings!

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Why is the QHD Plan with an HSA a great option?

• Robust Health Plan with Highmark's extensive network

- The Qualified High Deductible Health Plan is truly an excellent benefit, with coverage for the same services and same providers as the PPO Plan.
- The out of pocket costs are designed differently, as required by federal law.
- The plan is designed to encourage you to be a good consumer of your health care services.
- Save money on your premium sharing AND the College contributes to your HSA, to help pay for out-of-pocket expenses.
- Health Savings Account the most powerful tax advantaged account available.
 - The <u>only</u> way to avoid paying taxes
 - Allows you to save money to pay for future health care expenses.

HSAs are triple-tax advantaged



Money can go in tax-free



Money comes out tax-free



Interest and earnings **grow** tax-free



Qualified High Deductible Plan (QHDP) and Health Savings Account (HSA)



The IRS requires design differences for QHDHPs compared to standard PPO plans

Standard PPO

- The deductible does not apply to services that have a copay
- The family deductible amount may not need to be met to be eligible for benefits if an individual met the single deductible amount

QHDHP

- The deductible applies to all services (except Preventive)
- The deductible must be met before any family member is eligible for covered benefits



PPO \$1,000 plan & QHDP

Deductible Coinsurance Coinsurance OOP Max Telemedicine PCP Copay Specialist Copay Urgent Care Copay ER Copay **Prescription Drug Benefits** Deductible Coinsurance

Total OOP Max¹

¹ Includes Deductible, Coinsurance and Copays for Medical & Prescription Drug

PPO \$1,000							
In-Network	Out-of-Network						
\$1,000/\$2,000	\$2,000/\$4,000						
10%	30%						
\$2,000/\$4,000	\$5,000/\$10,000						
\$15	n/a						
\$20	30%						
\$40	30%						
\$40	30%						
\$100 copay (wa	ived if admitted)						
Retail	Mail Order						
No	one						
20% (\$10 minimum, \$100 maximum)	20% (\$20 minimum, \$200 maximum)						
\$8,150/\$16,300	n/a						

QHDP \$2,000							
In-Network	Out-of-Network						
\$2,000/\$4,000 *	\$4,000/\$8,000 *						
10%	30%						
\$2,000/\$4,000	\$5,000/\$10,000						
\$15	n/a						
\$20	30%						
\$40	30%						
\$40	30%						
\$100 copay (wa	ived if admitted)						
Retail	Mail Order						
Integrated with me	edical deductible *						
20% (\$10 minimum,	20% (\$20 minimum,						
\$100 maximum)	\$200 maximum)						
\$6,900/\$13,800	n/a						

* All costs go toward deductible first



QHDP Overview

Example of How the Health Plans Would Work Under the Following Scenario Employee Only Contract

	SCENARIO			PPO \$1,000			QHDP \$2,000	
Date of Service	Service	HBS Allowable Amount	Deductible	Coinsurance	Copays & Rx	Deductible	Coinsurance	Copays & Rx
February 15, 2019	Prescription (Generic)	\$70			\$14	\$70		
March 15, 2019	Prescription (Generic)	\$110			\$22	\$110		
March 29, 2019	Primary Office Visit - Preventive Visit	\$85			\$0	\$0		
April 1, 2019	x-ray	\$220	\$220			\$220		
May 16, 2019	Surgery	\$4,600	\$780	\$382		\$1,600	\$300	
June 15, 2019	Prescription (Generic)	\$70			\$14			\$14
September 2, 2019	Specialist Office Visit	\$120			\$40			\$40
October 15, 2019	Prescription (Brand Non-Preferred)	\$500			\$100			\$100
November 1, 2019	Primary Office Visit - Sick	\$85			\$20			\$20
November 15, 2019	Primary Office Visit - Sick	\$85			\$20			\$20
November 15, 2019	Prescription (Generic)	\$70			\$14			\$14
December 15, 2019	Prescription (Generic)	\$70			\$14			\$14
Assumes all In-net	work Services	TOTAL	\$1,000	\$382	\$258	\$2,000	\$300	\$222
Member Out-of-Pocke	t Cost			\$1,640			\$2,522	
			These costs ar	e eligible for FSA	Distributions	These costs are	eligible for HSA	Distributions
Employee's Payroll Wi	thholding			\$862			\$540	
(based on employee making less than \$80,000 but more than \$40,000)								
Employer HSA Contrib	ution			n/a			-\$1,250	
TOTAL COST				\$2,502			\$1,812	
						SAVINGS	-\$691	

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QHDP Overview

Example of How the Health Plans Would Work Under the Following Scenario Employee (EE) & Spouse (SP) Contract

	SCENARIO			PPO \$1,000			QHDP \$2,000	
Date of Service	Service	HBS Allowable Amount	Deductible	Coinsurance	Copays & Rx	Deductible	Coinsurance	Copays & Rx
February 15, 2019	Prescription (Generic) - EE	\$70			\$14	\$70		
March 15, 2019	Prescription (Generic) - SP	\$110			\$22	\$110		
March 29, 2019	Primary Office Visit - Preventive Visit	\$85			\$0	\$0		
April 1, 2019	x-ray - SP	\$220	\$220			\$220		
May 16, 2019	Surgery - SP	\$4,600	\$780	\$382		\$3,600	\$100	
June 15, 2019	Prescription (Generic) - EE	\$70			\$14			\$14
September 2, 2019	Specialist Office Visit - SP	\$120			\$40			\$40
October 15, 2019	Prescription (Brand Non-Preferred) - SP	\$500			\$100			\$100
November 1, 2019	Primary Office Visit - SP	\$85			\$20			\$20
November 15, 2019	Primary Office Visit - SP	\$85			\$20			\$20
November 15, 2019	Prescription (Generic) - EE	\$70			\$14			\$14
December 15, 2019	Prescription (Generic) - EE	\$70			\$14			\$14
December 16, 2019	Surgery - EE	\$10,000	\$1,000	\$900		\$0	\$1,000	
Assumes all In-net	work Services	TOTAL	\$2,000	\$1,282	\$258	\$4,000	\$1,100	\$222
Member Out-of-Pocke	et Cost			\$3,540			\$5,322	
			These costs ar	e eligible for FSA	Distributions	These costs are	eligible for HSA	Distributions
Employee's Payroll Wit	thholding			\$3,460			\$2,244	
	(based on employee making less than \$80,000 but m	ore than \$40,000)						
Employer HSA Contrib	pution			n/a			-\$2,500	
TOTAL COST				\$7,000			\$5,066	
						SAVINGS	-\$1,934	

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Health Savings Account (HSA)



What is an HSA?

A health savings account (HSA) is a tax-favored savings account created for the purpose of paying medical expenses.

- Tax-deductible Contributions to the HSA are 100% deductible (up to the legal limit) just like an IRA.
- Tax-free Withdrawals to pay qualified medical expenses are never taxed.
- Tax-deferred Interest earnings accumulate tax-deferred, and if used to pay qualified medical expenses, are tax-free.



What is an HSA?

- Allows you to pay for qualified medical expenses that may not be covered under your health plan.
- HSA money is yours to keep unused money in your HSA isn't forfeited at the end of the year; it continues to earn interest, tax-deferred.
- It's portable you own the account funds even after changing employers, retirements, etc.
- You are in control of your account- You decide how to spend your money.



Who can have an HSA?

To contribute to an HSA you must be:

- Covered by a "qualified" high deductible health plan;
- Not covered under other health insurance (or a medical FSA)
- Not enrolled in Medicare; and
- Not another person's dependent.



Already Enrolled in Medicare?

If you are an active employee, and already enrolled in Medicare Part A

- You are not eligible to open an HSA Account (based on current law).
- While you can roll back your Medicare enrollment, it is a tricky venture.
- If you choose to elect the QHD plan this year (or it is your only option next year), the College will pay you the employer's HSA contribution as post-tax wages. The College will add an additional amount to offset some of the taxes.





HSA Contributions

The IRS annually adjusts maximum contribution amounts based on Cost of Living Adjustment (COLA)

Maximum Contribution for 2020:

•	Single	\$3,550
•	Family	\$7,100
•	55+ Catch Up Contribution	\$1,000



HSA Contributions

- Can be funded by employer and employee
- Gettysburg College funds the following in the HSA:
 - Single \$1,250
 - Family \$2,500
- Employee may add additional funds up to the IRS Maximum:
 - Single
 \$0 to \$2,300
 - Family \$0 to \$4,600



HSA Contributions

- Can be funded through Section 125 plan pre-tax payroll deduction per pay or lump sum – EASIEST WAY!
- Can make post-tax deposits directly to the HSA vendor take deduction on Form 1040
 - Mail a Check
 - Wire money from your bank account to your HSA account
- Can choose investment options in the HSA



HSA Distributions

HSA can be used for qualified medical expenses such as:

- Medical Plan Deductible, Copay, Coinsurance
- Dental
- Vision
- IRS Code 213(d) list eligible expenses



HSA Distributions

- Must have funds in your Account to spend them (different from FSA)
- Nonmedical withdrawals from your HSA are taxable and subject to a 20% tax penalty. Exceptions:
 - Attain age 65
 - Become totally and permanently disabled; or
 - Die
- Can be used for dependents (dependents reported on your tax return), whether or not they are covered by the health insurance.



Optum Bank

- Optum will hold your HSA Account
- Optum has many tools available to you on your website to help you manage your account.



How much will Steve save with his Health Savings Account?

1	In 2020, Steve will deposit \$3,500 through payroll into his HSA and will get \$2,500 from Gettysburg College	Steve's federal and state income tax and FICA savings for the year will be \$891*
2	Steve will use about \$1,000 to pay for qualified medical expenses for himself and his family	Steve <i>will not have to pay income</i> <u>taxes</u> on the \$1,000 as long as he uses it to pay for qualified medical expenses
3	Steve will earn interest on the funds in his Health Savings Account	Steve will not <i>not have to pay</i> <i>income taxes</i> on his interest
4	Steve will carry over \$5,000 HSA dollars (\$3,000 + \$3,000 – \$1000 + interest) into the next year	With a traditional plan, Steve wouldn't have carried over any money. Steve is better prepared for the future

* Assumes a 25% federal tax rate, 3% state tax rate and 7.65% FICA

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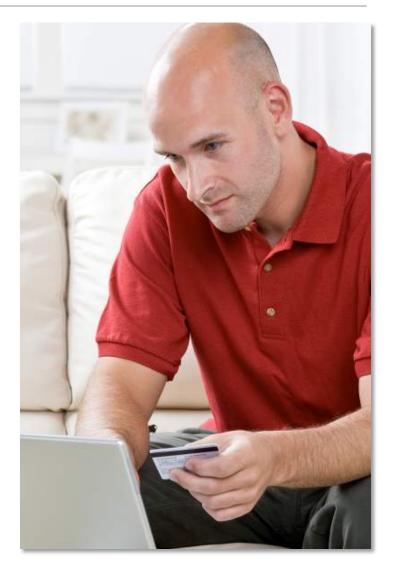
Access your Health Savings Account funds

Use your Optum Bank[®] Health Savings Account Debit MasterCard[®]

Sign up for automatic bill pay and online banking

Use Apple/Android Pay

Pay for an expense with personal funds and reimburse yourself from your HSA – credit card with rewards anyone?





Save your receipts!

- Save your receipts for all qualified medical expenses
- Track bill pays, reimbursements and out-of-pocket expenses via expense journal
- Optum Bank[®] does not track your expenses or verify eligibility





How Molly Uses Her Health Savings Account for a Medical Visit

Molly goes to the doctor with her HSA









Molly presents her health plan member ID card at the doctor's office, for a non preventative care visit

Her doctor submits a claim to her health care plan

Molly fills her prescription and pays for it with her HSA Debit Mastercard[®]



Molly receives and pays her doctor's bill with her HSA Debit Mastercard[®], personal card or uses bill pay



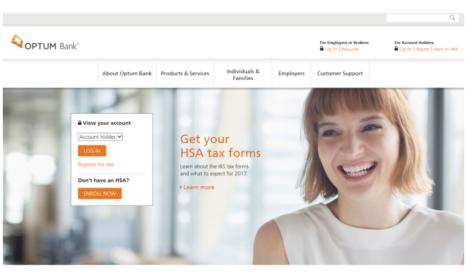
Molly retains her receipts via the Optum mobile app, website or paper copies



What to expect as a new account holder

- You can download the Mobile App right now
- Optum Bank® Welcome Kit will be mailed shortly after you are successfully enrolled in an HSA
- Debit card will arrive in a separate mailing
- HSA materials are mailed separately from health plan materials

 After logging in to your account for the first time, you will be prompted to provide your email address. You'll receive an Optum Bank quarterly newsletter with tips for helping you to make the most of your health care dollars

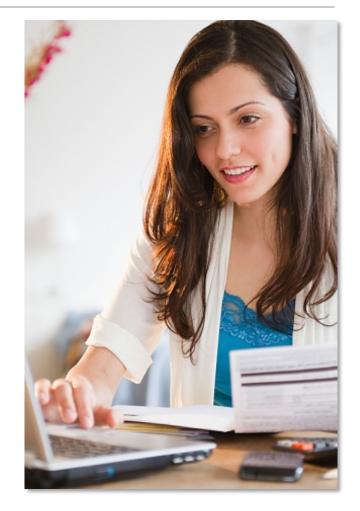






What you need to know about your Health Savings Account

- You're in charge of managing your HSA
- Its an individually owned account, like your retirement account and IRA
- Annual contribution limits are set by the IRS
- Deposits can be made at any time and are available immediately
- All deposits up to the annual IRS limit are income tax-free
- Withdrawals made for qualified medical expenses are not subject to income tax



Investments are not FDIC insured, are not guaranteed by Optum Bank[®], and may lose value.



Aflac

If you currently have an Aflac plan please know that you must be enrolled in a HSA compatible plan. Please contact our Aflac representative Danny Mara as soon as possible to update your plans.

717-752-0772 or daniel_mara@us.aflac.com

Flex Spending

If you have a current balance in your flex spending accounts, please use the funds down to zero. If there are any funds in that account January 1, 2020 you will not be able to start your HSA until April 1, 2020.

Questions?

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Open Enrollment Meetings Open enrollment will open November 8 and close November 18, 2019

Date	Where	Time		
November 4, 2019	Lyceum	10:00am - 11:30am		
November 6, 2019	CUB 260	10:30am– 12:00pm		
November 8, 2019	Science 200	2:00pm – 3:30pm		
November 12, 2019	Lyceum	3:00pm – 4:30pm		
November 14, 2019	Lyceum	9:30am – 11:00am		
November 15, 2019	Glatfelter 011 Computer Lab	11:30am - 1:00pm		
November 18, 2019	CUB 260	10:00am – 11:30am		
Employee experiences of QHDP/HSA				
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November 14, 2019	Lyceum	12:00pm - 1:00pm		



Gettysburg College Flexible Spending Account (FSA) Overview



Paying for expenses is convenient

- Participants receive two payment cards: one for themselves and one to share with a spouse or dependent
- Activate the card right away
- Use it to pay for eligible expenses

Review your plan to learn which expenses are eligible





How to submit claims

There are **four** methods of submission available for your claim form and documentation:

Online

- Visit our website: <u>www.optumbank.com</u>
- Login to your account. File your claim from the "I Want To" section in the upper right corner of the Home Page
- Substantiation can also be uploaded

Mobile App

Login to your account. Click "File a claim" and complete steps

Fax

Instructions in welcome kit & available online

Mail

Instructions in welcome kit & available online

Regardless of your submission method, you will want to make sure you submit legible documentation. If we are unable to read items because of the quality of the copy, the claim will be denied pending resubmission of legible documentation.

Supporting documentation must clearly identify:

- 1. Name of provider or clinic providing the eligible service
- 2. Description of service
- 3. Date expense was incurred
- 4. Total expense amount
- 5. Signature and date (of claim submission)

Canceled checks and credit card statements are not valid receipts.

